CPA CHARTERED PROFESSIONAL ACCOUNTANTS

FINANCIAL LITERACY

# Tracking your income

Use this table to write down the sources of income you have throughout the month. Keep track of at least one month. If your income varies from month to month, it may help to track several months.

| Source of income | 1st month | 2nd month | 3rd month |
|---|---|---|---|
| Employment income | | | |
| Self-employment income | + | + | + |
| Government assistance (e.g., EI, social assistance) | + | + | + |
| Government benefits (e.g., Canada Child Benefit, GST/HST credit) | + | + | + |
| Disability benefits | + | + | + |
| Other income | + | + | + |
| **TOTAL INCOME**: | = $0.00 | = $0.00 | = $0.00 |

Is your income more or less than what you thought it would be?

Is your income the same or different each month? If it varies, write down the reasons why it changes from one month to the next.

What help and resources can you access in tight times?

**Source: Prosper Canada**

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