

Grades 7 & 8 Workshop: Budgeting And Expenses

Component	Learning Objectives	Content	Format	Suggested Resources	Time
1. Introduction	 Understand purpose of session 	 Facilitator introduces themself Facilitator sets context of session Student introduction Q&A 	 Introduction of facilitator and workshop objectives (5 mins) 		5 mins
2. Budgeting & Expenses introduction	• Understand difference between a want and a need	 What are wants? Some examples? What are needs? Some examples? Use backpack brands as example What is a budget? What is an expense? Why do we need to make a budget? 	 Class Discussion (5 mins) Q&A - Interactive (5 mins) 	 1 Flip-chart 1 piece of paper/student Markers Pencils/pens 	10 mins
3. Group Activity - Let's Plan A Party	 Understand the importance of rationalizing needs over wants Use decision-making and problem-solving skills to come up with the best solution 	 Group exercise - Students must plan a party (\$1000 per group) Students will be in groups (3 groups total) Students will be given "party cards" that represent items for their party Students will pick which items they will have at their party 	 Intro to exercise - explain instructions (5 mins) Students plan a party (20 mins) 	 1 piece of paper/group Markers Pencils/pens Sticky tack Bristol Board 	25 mins
4. Group Activity – Let's Plan A Party presentations	 Allow groups the opportunity to justify why they made specific party choices 	 Students will present their party to the class Secret chance cards presented - bad chance vs. good chance based on budget (i.e. \$50 over = bad chance card \$50 under = good chance card) Class will vote on which party they want to go to 	• Presentation (15 mins)	 1 piece of paper/group Markers Pencils/pens Bristol Board 	15 mins
5. Closing	Reinforce lessons learned	• What did you learn?	• Q&A – Interactive (5 mins)		5 mins

60 mins